

MSHA's Accident Prevention Program Safety Idea

Safety and Health are Values!

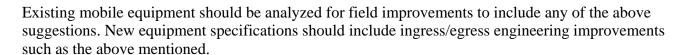
Getting On and Off Equipment Safely

Category: Mobile Equipment and Haulage and Transportation

Mine Type: All Mines

Each year an average of 175 miners has been hurt getting on or off equipment. Special measures can be taken to improve footing or ladder design to improve the situation. MSHA suggests the following:

- Newer self-cleaning ladders can be installed. The steps have raised perforations that allow material to be pushed through.
- Ladders can be redesigned and realigned with at least 5 degrees of incline for easier entry and exit. This keeps the miner's center of gravity closer in to the machine.
- Where possible, install stairways in lieu of vertical ladders.
- Slip resistant material can be coated to existing ladders, handrails and landings.
- Additional handholds and access lighting can be installed.
- Footwear with slip resistant design can be used.
- Steps should be highly visible and easily reached by all persons.
- Always maintain 3 point contact when getting on or off equipment.



MSHA extends a thank you and a tip of the hardhat to Greg Boggs,
a winner of a limited edition sticker and patch.

If you have a tip you would like to pass on, you can e-mail it to zzMSHA-MinersTips@dol.gov.

If your tip is selected, you will receive credit in this space.



